



Saint Pau  
PUBLIC SCHOOL



# COMO PARK

## SENIOR HIGH SCHOOL

### May 27, 2022 Newsletter



#### Get a summer's worth of rides on buses and light rail with a Summer Student Pass!

Any current 9-12th grade student at participating schools can get unlimited rides on buses and trains up to a \$3.25\* fare. Passes are valid from June 1 through Sept. 6, 2022.

#### How do I get one?

Starting May 9, go to [metrotransit.org/summer-pass](https://metrotransit.org/summer-pass) to get more details about the pass and order one using a credit card. All you need is your school's name and your student ID number.

If you'd rather use cash, you can buy a Summer Student Pass at a Metro Transit Service Center. Call 612-373-3333 or visit [metrotransit.org/service-centers](https://metrotransit.org/service-centers) for locations.

Have questions? A friendly transit expert can answer them. Give us a call at 612-373-3333.

\* For fares higher than \$3.25, like some Northstar trips, just add stored value to your pass.

Participating students must agree to [Metro Transit's Code of Conduct](#).



## Important Upcoming Dates

May 27- Last day for seniors to submit work for Quarter 4

May 30- No School- Memorial Day

June 2- Seniors last official day at Como

June 3- Senior celebration and cap & gown pick up

June 7- HS Graduation Roy Wilkins Auditorium 8:00-9:30pm

June 10- Last day of school for students grades 9-11

## ATTENTION COMO FAMILIES AND STUDENTS

We are fast approaching the end of high school for our Seniors. We look forward to celebrating their accomplishments at graduation. Please remind students that "Senior Pranks" can go awry and result in being barred from graduation. All Senior activities should promote school spirit and create a positive culture for all students at Como Park Senior High School.

## Graduation Information

### Rehearsal

-Tuesday, June 7<sup>th</sup> from 8am-9:30am at Roy Wilkins.

-Rehearsal is mandatory for graduates, so they will have to be there by 8 am and transportation is to be arranged by students/families.

### Commencement

-Tuesday, June 7<sup>th</sup> from 8pm-9:30pm at Roy Wilkins.

-Students can arrive and line up at 7:30 pm.

-Families will be allowed to be seated at 7:30 pm.

-Balloons will not be allowed in the facility.

Each student will be given 8 tickets. Families may request additional tickets (up to 2) by filling out this form:

<https://forms.gle/LzQwrwUPjpg3Gfzw8>. If families are requesting more than 2 tickets, they need to indicate the number on the form. It is not guaranteed that families will receive more than the 2 extra tickets requested. Tickets will be given during cap and gown distribution on Friday, June 3rd.

Please contact Choua Vang with any questions. Email: [choua2.vang@spps.org](mailto:choua2.vang@spps.org). Office: 651-744-6300. Google Voice: 651-401-6660



# Library Year-End Info.



This summer be sure to take advantage of the 5000+ eBooks on MackinVia this summer.

Please note the following due dates for the library:

- Seniors must return all library books by MAY 27th
- 9th - 11th grade students must return all library books by JUNE 3rd.
- Library will be closed starting June 6th, for inventory, but staff & students will be welcomed to drop off their books.



## **!Attention All Juniors!**

### **Required Immunization Alert**

**Incoming seniors for school year 2022-2023 are required to have their 2<sup>nd</sup> meningococcal shot (MCV4).**

**Please make arrangements with your health care provider to receive this required immunization this summer.**

#### Resources for Immunizations:

Contact one of the following clinics to schedule an appointment for free or low cost immunizations:

- **Health Start Clinics**, located in SPPS high schools, 651-233-8951
- **MN Community Care**, multiple locations, 651-602-7500
- **Open Cities Health Center-North End**, 916 Rice St, 651-290-9200
- **Saint Paul-Ramsey County Public Health Immunization Clinic**, 555 Cedar, 651-266-1234
- **United Family Medicine Clinic**, 1026 W. 7th St, 651-758-9500
- **Saint Paul Public Schools Placement Center**, 2102 University Ave W, 651-632-3763
- **Immunization Resources for Families** - listing of various clinics that offer low-cost immunizations, along with hours and phone numbers

### **Looking for a Way to Give Back and Make a Difference This Summer?**

Lyngblomsten is a non-profit organization that provides healthcare and housing for older adults, conveniently located in the Como area of St. Paul. We seeking volunteers age 13 and up (younger youth can volunteer with a parent) to assist our residents with fun and enriching activities this summer, such as playing games like cards and bingo with residents, pushing wheelchairs to activities within the buildings, helping with birthday parties and ice cream socials, and taking residents outdoors to visit.

Youth volunteering has many benefits, including enhancement of social skills, creating a sense of accomplishment and purpose, and exposure to positive role models. Even a small amount of time can make a big difference in the lives of our wonderful residents. Please consider joining us for a rewarding and positive experience this summer!

Contact Lyngblomsten Volunteer Services for more information: Jen Emerson at 651-632-5406 or [jemerson@lyngblomsten.org](mailto:jemerson@lyngblomsten.org).

Please note that in order to keep our residents safe and healthy, all volunteers must be up to date on COVID-19 vaccines.





# CLASS OF 2023

## RISING SENIOR SUMMER SUCCESS PROGRAM

**June 24: St. Paul College**

**July 28: North Hennepin Community College**

**August 5: St. Cloud Technical and Community College**

This **free, limited-space** event includes transportation, breakfast, lunch, college prizes, and the opportunity to:

- Explore your career and college options after high school
- Visit local colleges and meet advisors and subject matter experts
- Leave with tools and resources for career and college planning
- Attend hands-on workshops lead by subject professionals regarding:
  - Researching post-high school college or career options
  - Federal Student Aid and how to access free money for college
  - Scholarship information
  - Free training programs
  - Personal statements and essay writing



Scan the QR code to sign up.





Preparing  
Students for  
Tomorrow.

## Class of 2023: Rising Senior Summer Success Program

Attention Como Class of 2023! Join us for the Rising Senior Summer Success Program. This FREE event includes transportation, breakfast, lunch, college prizes, and the opportunity to:

- Explore your college or career options after high school
- Visit local colleges and meet advisors and subject matter experts
- Leave with tools and resources for career and college planning
- Attend hands-on workshops about: researching college or career options, Federal Student Aid and how to access free money or college, scholarship information, free training programs, and more.

Dates and Locations:

- June 24<sup>th</sup> at St. Paul College from 8:00 a.m. to 2:00 p.m.

The program is open to all Get Ready Como High School Class of 2023 students, but space is limited.

Interested students should complete the registration: <https://forms.gle/6r757xwWUdXaXTic8>

A completed parent permission slip is required for attendance:

<https://forms.gle/xxgw92LKRnYFmGFRA>

**For questions or concerns, please contact the following Como Get Ready Coordinators:**

	<p>Mai Chue Moua Post Secondary Pathways Coordinator She/Her/Hers Email: <a href="mailto:mmoua.getr@spps.org">mmoua.getr@spps.org</a> Call/Text: 651-706-6032</p>		<p>Steven Martinez Grande Post Secondary Pathways Coordinator He/Him/His Email: <a href="mailto:smartinez.getr@spps.org">smartinez.getr@spps.org</a> Call/Text: 651-706-6035</p>
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# Sophomores!

Interested in joining College Possible?

Go to [collegepossible.org/join](https://collegepossible.org/join)

Application Deadline: June 1<sup>st</sup>, 2022



## GREAT THINGS HAPPENING AT COMO



Several cadets volunteered their Friday evening at Saint Anthony Park Elementary and Groveland Park Elementary in support of kiddy carnivals. Events were led by Junior Cadet Corporal Ze Vang and Junior Cadet Corporal Hser Hser Gay. Thank you motivators!!!





**MCJROTC cadets Racy, Cooper, Beilke, Flores, Hernandez and Vang volunteer their Sunday in support of the Multiple Sclerosis Bike Ride Fundraiser across Saint Paul.**



**Ms. Strupeck's level 2 ELL class had a wonderful experience at the Minneapolis Institute of Art!**







Darrell Omwena (3rd from left)



Matthew Torgerson



Connor Tester (3rd from left)

Como students: Darrell Omwena, Connor Tester, and Matthew Torgerson bowled well during the Adapted Bowling State Tournament at Bowlero in Brooklyn Park. Darrell and Connor placed 2nd in their respective divisions and Matthew placed 5th.

Coaches Malachai Long and Shontae Williams are proud of their team and share the excitement of their students' accomplishments.





**A group of unselfish CPSHS MCJROTC cadets volunteer at the Minnehaha Park Twin City Women's Race Saturday morning. They also manage to bribe the park's bike rental manager with cookies and get multiple bike rides around the park. Ooh Rah.**



**Farewell our MCJROTC Senior staff team and welcome in the newly assigned staff for SY22-23. Commanding Officer is Jesiah Mason. Executive Officer is Chong Her. The senior enlisted cadet is our new Cadet Sergeant Major, Sophia Moore. Congratulations to all those cadets pictured as they now steer the ship to our future success. Thank you.**





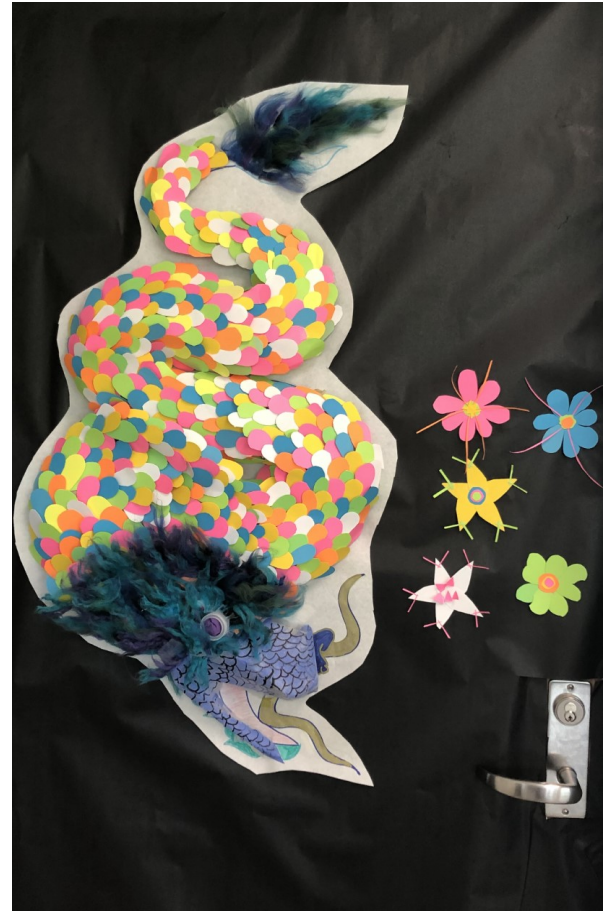
The few, the proud, the United States MCJROTC cadets spend their Friday evening entertaining many people at the West Saint Paul El Rio Rec Center Spring Fling. Event was led by Sophomore Cadet Lance Corporal Juan Hernandez.



Ms. Struheck and Ms. Romero's co-taught English 9 class also enjoyed the MIA last Friday!



# ASIAN AMERICAN HERITAGE MONTH



Creative geniuses at work again! Ann Stratham, Alexis Speigelberg, Alexis Wolf and Echo Boese designed Ms.Pin's door for Asian Heritage Month. Based on Cambodia creation stories, The Apsara, is a Khmer Angel, guarding and guiding everyone who passes through these doors. The Dragon, according to Asian folklore, is a beloved spiritual creature. It is fiercely loyal and protectors of all in their charge. Pictured here are Anna and Alexis S. Echo and Alexis W. are not in this picture.



A large graphic featuring a bright yellow sun with rays on the left and a white cloud on the right. The text "HELLO Summer" is written in a mix of bold, sans-serif and cursive fonts, with "HELLO" in blue and "Summer" in black. Below "Summer", the phrase "Don't Worry!!" is written in a red, cursive font, appearing to be inside the cloud.

HELLO  
**Summer**  
*Don't Worry!!*

We can **STILL** see you during summer break for medical, nutritional, mental and health education services.

**LOCATIONS:**

Como, Washington and Gordon Parks  
High Schools

Call the Health Start schedule line to  
make an appointment

**651-233-8951**





GUTHRIE  
THEATER

# We're hiring!

**Do you have excellent customer service experience? Do you enjoy working with people? Do you like being part of a team? Come work with us!**



L to R: Elton Turnage-Manuel, Box Office Manager; Victor Garcia Benitez, Associate House Manager; Kemi Ojelade, Season Ticket and Group Sales Manager; Caitlin Vogel, House Manager; PattiJo Verdeja, Director of Audience Services; Jon-Paul Schaut, Box Office Supervisor; Hunter Gullickson, Director of Guest Services

PHOTO: AARON THOMAS

**We are hiring a variety of positions at \$15 – \$20 per hour.  
No theater experience required.**

Benefits include a flexible schedule, free theater tickets, competitive pay and working with a fun team. Benefits for us? We get to work with you.



Scan the code to apply online or visit  
[www.guthrietheater.org/work-with-us](http://www.guthrietheater.org/work-with-us).



# SEAK 2022

(Students Eagerly Acquiring Knowledge)

## What to Expect

- 2-week immersive camp
- A chance to spend A LOT of time outside!
- To be fully immersed in your learning community
- Opportunities to learn about the North Shore, hiking, wilderness ethics, and field research
- To get out of your comfort zone
- Develop and complete a field research investigation for high school credit!



## Quote from a past SEAKER:

*Iva: "I personally have grown so much while being at the ridge. I was not sure what to expect when I first joined SEAK during my sophomore year of high school. Now, as I slip into the next school year as a senior, I can't begin to think of where I would be without SEAK or Wolf Ridge. I've discovered my love for the outdoors and science. I especially love the teaching style here; ...thank you for the chance to discover the world and all its beauty. The more I learn, the more I realize how much I do not know – encouraging my interest in knowledge and growth."*

Interested in signing up? Contact David Stieler

Email: [david.stieler@wolf-ridge.org](mailto:david.stieler@wolf-ridge.org)

Phone: 218-353-7414 ext. 113



**WOLF  
RIDGE™**  
ENVIRONMENTAL  
LEARNING CENTER



# Join Choir today! It's not too late! There's a place for everyone!

**FUN!**

**Community**

**"You create a family here!"**

**Encouraging**

**"The Como Choir groups are a great place to make mistakes and learn with others, as well as from others!"**

**Relaxing**



**"It's a fun experience that lets you explore your musical abilities, and make new friends!"**

**SAFE**

**"This is a class I enjoy because I get to learn pieces with my peers and perform them! This class has also helped me get my mind off any stressors!"**



**SCAN ME**

**TO SIGN UP & AUDITION!**

**Como Singers - Advanced  
All Voices / 10-12th grade**  
Auditioned: sight-reading & song  
Activities: Touring/Extra performances/Valegrams/etc.

**Tenor Bass Choir - Intermediate  
Lower voices / 10-12th grade**  
Auditioned: just song and scale  
Activities: combined performances with SA, BHM, etc.

**Soprano Alto Choir - Intermediate  
Higher Voices / 10 - 12th grade**  
Auditioned: just song and scale  
Activities: combined performances with TB, BHM, etc.

**Mixed Choir - Beginning  
All Voices / 10 - 12th grade**  
Audition: None  
Activities: 2 performances per year

**9th grade Mixed Choir - Beginning  
All Voices / 9th grade only**  
Audition: None  
Activities: 2 performances per year





## “Grateful Goodbye”

Dear families,

Thank you for sending your children to Como Park Senior High School. As an English teacher, I have had the privilege of teaching many of your children in 9th, 10th, 11th, and also 12th grades. I have a special place in my heart for this class that came roaring in as freshmen. These children came in full of energy and curiosity, noisy, physical, playing and figuring out each other, themselves, and their place in this world as all babies do. Over the years I have seen your children grow and mature into the incredible young people they are today. I am not sure who learned more from whom. Actually, I am pretty sure I learned and unlearned more. Your children taught me to stretch boundaries in my teaching and thinking. This class does not accept “that’s the way it has always been done” for an answer. Outlines don’t always have to come before an essay? Wait, what? I have learned forgiveness from your children. I made mistakes, and tried things that didn’t work. The students forgave me over and over again. I have learned from the deep well of your and your children’s generosity when you sent scholarship money for field trips. I unlearned some assumptions when a student that I thought might need some help with the field trip money, handed me extra money because they had been working a lot and knew some kids couldn’t afford the field trip fee. Your children dashed my assumptions and biases over and over again. Good riddance. Watching these children experience the world with their hearts, heads, bodies and spirits has been painful and joyful. Today, as seniors, your children still have the best parts of the playful, curious puppy in them, but now they are young adults, ready to go out to change and heal this world we adults have given them. The greatest lesson your children have given me is, no matter how heavy our burdens seem, there is always a laugh or smile to lighten the heart. My tank may be empty at the end of four challenging years, but my heart is full of love for your children and hope for our futures. Thank you for sending your children to us!

Ms. Boyer



## Greetings Como Families!

The Senior picnic is fast approaching and we need volunteers to set up, help during the event and take down.

There will be food, yard games, a slushy machine, Dj and a dunk tank. Tables, chairs and tents will need to be set up and taken down. Please consider volunteering by using the link below.

The Como Park Booster Club is also looking for donations to be able to continue this event. Please consider donating so we can continue providing this event free of charge to the students.

If you have any questions please reach out to the Booster Club at [comoparkboosterclub@gmail.com](mailto:comoparkboosterclub@gmail.com)

Sign up using this link

[https://urldefense.com/v3/\\_\\_\\_https://signup.com/go/zWcUgPs\\_!!LSatmg!81tAszMLZ-Uj5AhMzF1Z9kCHhBH0wtURH0IKf9aula0pG5UglEQ\\_Sutu0mc-cvYY5Mj6HaGpYm49aGXXx0qg\\$](https://urldefense.com/v3/___https://signup.com/go/zWcUgPs_!!LSatmg!81tAszMLZ-Uj5AhMzF1Z9kCHhBH0wtURH0IKf9aula0pG5UglEQ_Sutu0mc-cvYY5Mj6HaGpYm49aGXXx0qg$)

Thanks,  
Tina Weins  
Booster Club Co-Chair

